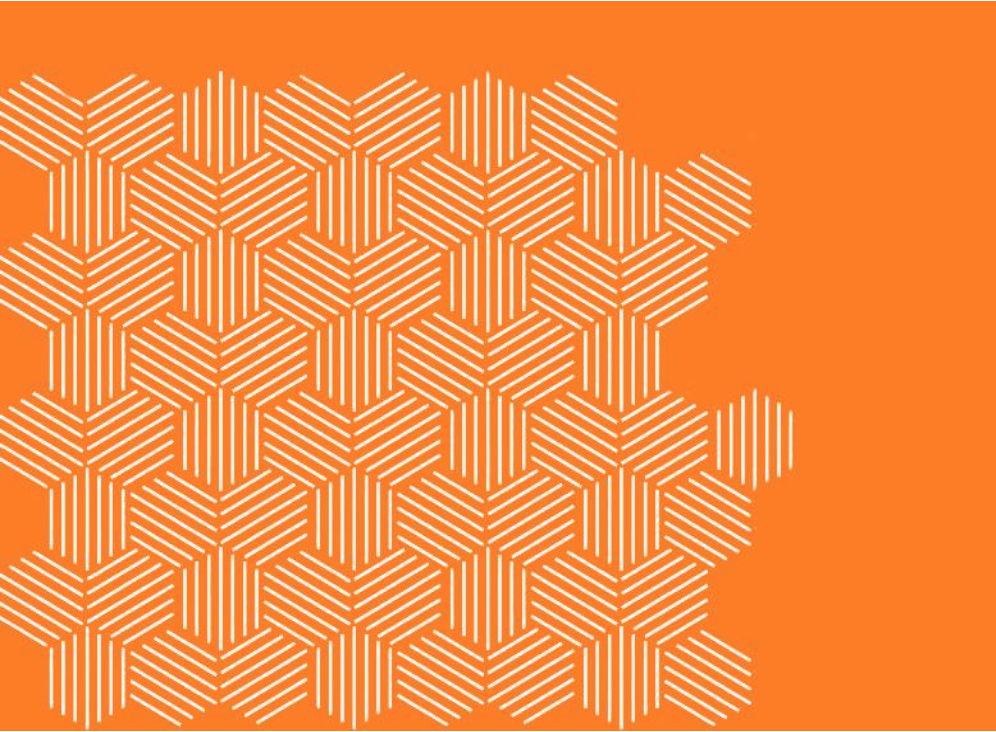


COVID-19 Q&A Hour for Long Term Care: Adult Family Homes



Washington State Department of Health

Healthcare-Associated Infections (HAI) Program

Shoreline, WA

Housekeeping



Attendees will be in listen only mode



Self-mute your lines when not speaking



Type questions into the question window. Please include the type of facility you are from in your question (e.g., NH).



Nursing Home

Participants from long-term care, regulatory, public health



No confidential information presented or discussed. This is an educational webinar and does not constitute legal advice.



Local guidance may differ, please consult with your Local Health Jurisdiction (LHJ):

<https://www.doh.wa.gov/AboutUs/PublicHealthSystem/LocalHealthJurisdictions>

Welcome to the 2021 Q&A Hour!

A chance to connect, ask questions, and learn about the COVID-19 response and infection prevention guidance



What to Expect for the 2021 Q&A Sessions

- Thank you for providing feedback
- Changes coming your way:
 - Revamped Q & A document
 - Dedicated sessions by long-term care type:
 - 1st and 3rd Thursday = Nursing Homes and Assisted Living
 - 2nd and 4th Thursday = Adult Family Homes
 - 5th Thursday = All settings
 - Microlearning sessions

Where Can I Find the Q & A Document?

- ◉ Posted every Wednesday

- ◉ Washington Health Care Association:

<https://www.whca.org/washington-department-of-health-covid-19-qa-session/>

- ◉ Washington LeadingAge:

https://www.leadingagewa.org/ill_pubs_articles/copy-resources-preparing-your-community-staff-residents-and-families-for-the-coronavirus/

- ◉ Adult Family Home Council:

<https://adultfamilyhomecouncil.org/departments-of-health-qa-webinars/>

Panelists

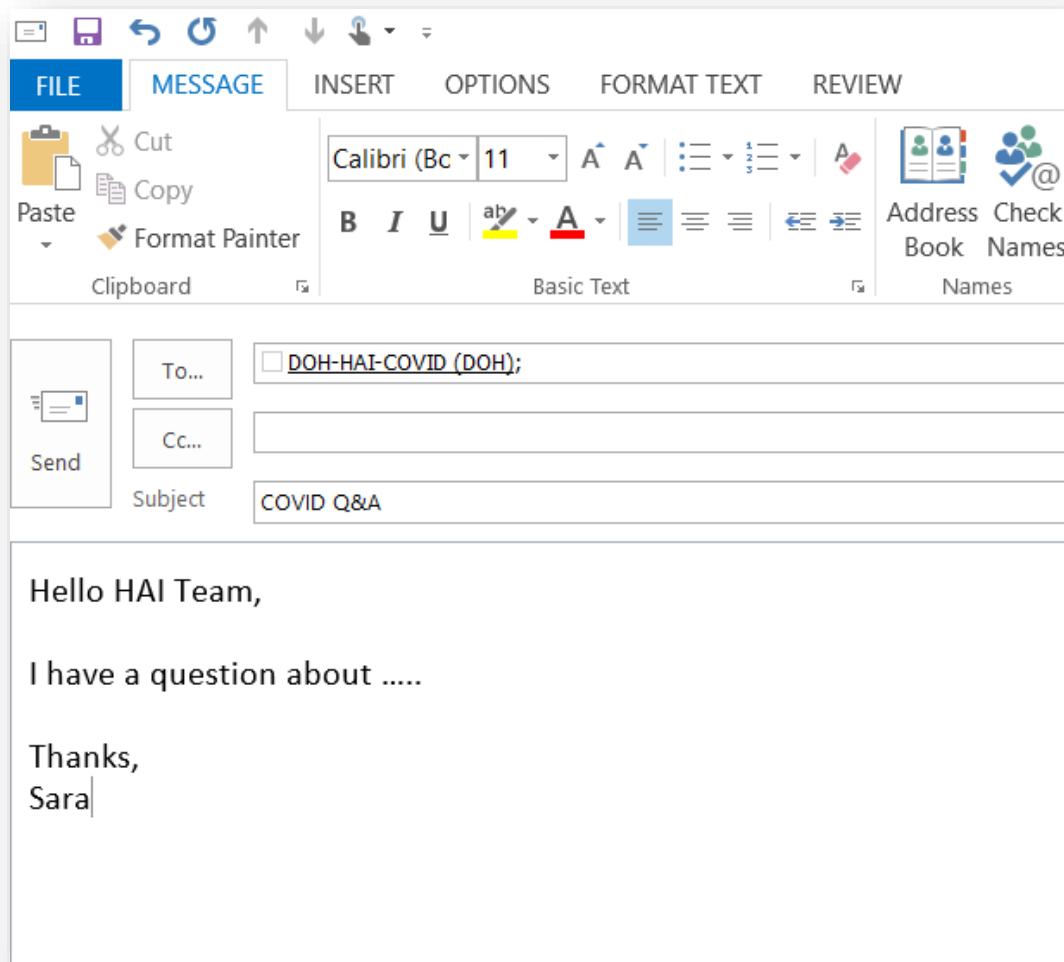


Send Us Your Questions Ahead of Time

Subject Line:
COVID Q&A

Email:
HAI-COVID@doh.wa.gov

Due by: COB Tuesday



The screenshot shows an email client interface with a ribbon menu at the top. The 'MESSAGE' tab is selected, showing options like FILE, MESSAGE, INSERT, OPTIONS, FORMAT TEXT, and REVIEW. The ribbon includes icons for Cut, Copy, Paste, Format Painter, and various text formatting options like font face (Calibri), size (11), bold, italic, underline, color, and background color. There are also icons for bulleted and numbered lists, indentation, and alignment. On the right side of the ribbon, there are icons for Address Book and Check Names. Below the ribbon, the email composition area is visible. It includes a 'Send' button on the left and fields for 'To...', 'Cc...', and 'Subject'. The 'To...' field contains the email address 'DOH-HAI-COVID (DOH);'. The 'Subject' field contains 'COVID Q&A'. The main body of the email is a large text area containing the following text: 'Hello HAI Team,', 'I have a question about', and 'Thanks, Sara'.

FILE **MESSAGE** INSERT OPTIONS FORMAT TEXT REVIEW

Cut Copy Paste Format Painter

Clipboard Basic Text Names

To... ☐ DOH-HAI-COVID (DOH);

Cc...

Subject COVID Q&A

Send

Hello HAI Team,

I have a question about

Thanks,
Sara

Infection Control Assessment & Response (ICAR) Program

Free, non-regulatory ICARs are a great opportunity for skilled nursing facilities, adult family homes, and assisted living facilities to:

- Ask a Department of Health infection prevention expert questions.
- Get help finding gaps in your infection control protocols.
- Receive personalized advice and recommendations for your facility.

There are multiple ways to schedule an ICAR:

- Visit <https://fortress.wa.gov/doh/opinio/s?s=ICARconsultation>
- Email Chris Hankin Chris.Hankin@doh.wa.gov
- Email Melissa Feskin Melissa.Feskin@doh.wa.gov

In partnership with:

- Local Health Jurisdictions
- LeadingAge Washington
- Washington Health Care Association
- Adult Family Home Council of WA State
- Washington State Hospital Association





INFECTION PREVENTION GUIDANCE

Staff Break Rooms

Transmission of SARS CoV-2 in Break Spaces

- Evidence of transmission in break spaces
- Challenge: break time and space are sacred, were hands-off areas
- Follow basics of infection prevention



www.medpagetoday.com > ... > COVID-19 ▾

[Hospital Traces COVID Cluster to Break Room | MedPage ...](#)

Oct 30, 2020 — A **COVID-19** cluster involving 15 staff members at Holyoke Medical Center in western Massachusetts probably started in a **break room**, the ...



Recent COVID-19 outbreaks in Orange County linked to workplace break rooms, health officials say

CORONAVIRUS

The COVID dangers of your break room at work (and how to avoid them)

Kelsey Michal December 9, 2020

CORONAVIRUS CALIFORNIA

Coronavirus transmission: UCSF doctor explains dangers of workplace break rooms

"A lot of the transmission that is happening in the workplace is happening in break rooms and happening during lunches or meals," Dr. Ralph Gonzales.



Safe Spaces for Breaks

- Assess your home and designate staff eating areas that are 6 feet away from other staff and residents
- If spacing is unavoidable, staff and residents should wear masks and face shields when staff is eating
- Consider designating other rooms for staff breaks





Safe Spaces for Breaks

- Shared food or pot-lucks: prepackaged foods as much as possible, single person serving, cover food, hand hygiene
- Make all staff aware of the new normal: decreasing risk, how to safely take off PPE
- Staff should not have their mask and eye protection next to them when eating. Designate a space (away from where staff prepare food or eat) for staff to take off their mask and eye protection, store, and do hand hygiene

Safe Spaces for Breaks

- Equip the room with disinfectant wipes for staff to use before and after they prepare food/eat
 - Wipe surface, handles of microwave, fridge, doorknobs, etc.
- Place sign with reminders
- Allow staff to take breaks in cars if they choose (alone in car)



Etc.

Staff or resident smoke breaks

- One at a time preferably
 - Space 6 feet if two
- Avoid huts or enclosed space



No staff drinks or snacks near resident care

- Remind staff to keep their drinks and food in a space away from residents
 - Hand hygiene always before eating/drinking



QUESTIONS?

