# Annual Report



To improve the lives and well-being of vulnerable adults through the support of adult family homes

2022



# A Letter From Our Executive Director

Dear AFH Owners of Washington State...

These last two years have been so challenging for our community. Yet, despite the global pandemic, the constantly changing guidance, new mandates, reimplementation of inspections, inflation, workforce shortages, and supply chain issues, we are still here. We are here to improve the lives and well-being of the vulnerable adults in our care. I believe it is that underlying mission of service to the residents and our community that drives so many adult family home operators, staff, and caregivers to persevere despite the challenges we face. I think it is important that we take a moment and applaud the dedication and commitment of all of those who are still here and focused on making sure that the most vulnerable among us are cared for in a manner that offers respect and dignity.

I am also grateful to be able to share with you the important work that the Adult Family Home Council has been doing to support adult family homes in fulfilling their mission. Our advocacy efforts have resulted in maintained and increased funding levels for adult family home operators. Our Education & Support team continues to provide relevant, timely information to providers ensuring best practices and regulatory compliance. We are making new investments to expand public awareness of adult family homes through targeted marketing efforts. All our work continues to respond to the needs and direction of our membership.



This report will outline some of the work accomplished over the last year. While we are proud of the progress we are making in fulfilling our mission and supporting our members, we know there is much left to do. Our success depends on a continuing growing membership. We rely on that membership to report and share their needs to drive our work going forward. I thank you for your interest and engagement with our work.

All the best,

John Ficker
Executive Director

We will be raising our dues on July 1, 2022. This will be the first time we raised our membership costs since July 2013. We will be using these dues to invest in marketing and advocacy.

# **OUR MISSION**

To improve the lives and well-being of vulnerable adults through the support of adult family homes.







Advocacy



Marketing



**Support** 

# The Adult Family Home Council Board of Directors

Region 1: Kim Erwin

**Region 2:** 

Jenna Hester

Region 3: Edwin Bondoc

**Region 4:** Dorothy Schlimme

**Region 5:** George Kibunyi

Region 6: Claudia Coppola

**Region 7:** Currently Vacant

At Large Delegate: Daniela Torkelson

At Large Delegate: Madonna Maxaner

At Large Delegate: Bonnie Bruce

At Large Delegate: Gene Nassen

Our Board of Directors are elected by the membership and volunteer their time to guide and support our mission.

# ADVOCACY

# **Legislative Session 2022: Summary**

The 2022 Legislative Session was a short-session, sixty days. During that time, we focused our efforts on funding the Collective Bargaining Agreement and the Extension of the COVID-19 Relief Funding.

# Funding for the Collective Bargaining Agreement

A primary objective of the Adult Family Home Council in this session was to secure funding for the renegotiated contract. The final budget allocates over \$20 million to fund the negotiated changes. The funds are distributed in a variety of ways.

- 3-7% variable increases to the base daily rate
  - Average 5.5% or
  - Average \$5.86 per day increase
- Increases Medicaid contributions to the Adult Family Home Training Network (AFHTN)
  - Funding for the AFHTN will expand access to the Long-Term Care Foundations Pilot Program.
- Effective 07/01/2022

The rate increases and the increased support for workforce development are critical in ensuring the ongoing viability of Washington's adult family homes. An updated rate sheet will be available soon for AFH Council members.

# Extension of the COIVD-19 Relief Funding

Providers have been receiving supplemental payments since the beginning of the declared state of emergency in March of 2020. Those payments are the result of federal funding that will continue until the end of the public health emergency. Currently those payments are set at \$13.96 per day and ended on 03/31/22. It is unclear when exactly the public emergency will be declared over. When it is over, any cost will be paid solely by the state.

Instead of having the funds halt suddenly upon the lifting of the emergency, the legislature developed a plan to reduce the COVID-19 funding over time. The current enhancements will stay in place until 06/30/22. Beginning on 07/01/22, the COVID rate add-ons are reduced by 20% every six months, and are fully phased down by FY 2025.

#### COVID-19 Rate Enhancement

\$13.96	Through June 30, 2022
\$11.17	Through July 2022
\$8.38	Through January 2023
\$5.58	Through July 2023
\$2.79	Through January 2024
\$0	Through July 2024

# ADVOCACY

### **Next Steps**

While we are glad to see progress in increasing reimbursement for adult family home operators, we realize that rising costs and wages continue to be a challenge for all homes. This summer, we will be able to take meaningful action to hold the state accountable for paying fair wages.

There is strength in numbers and the best way to join these efforts is to invest in your industry.

#### Why Membership Matters

We have an opportunity to make a huge impact for the adult family homes of Washington. In Summer of 2022, the Adult Family Home Council will be renegotiating current Medicaid rates. The process allows us to insist upon meaningful increases that will address our workforce shortages and the increasing cost of everything. We intend to work with the state on a contract that reflects the hard and critical work you do every day. If they do not agree to our terms, we have the opportunity to take legal action and put these issues before an arbitrator. The arbitrator (like a judge) will hear the facts of the contract dispute and make a final ruling. The facts are on our side. We believe we can prepare a case that will result in a significant award for the adult family homes of Washington.

The process of contract negotiations and arbitration is expensive. The Adult Family Home Council is funded only by member dues. For us to meet the legal expenses and prepare the best possible presentation, we need every adult family home to participate. Understand that Medicaid funds nearly 65% of current residents in adult family homes. Low Medicaid rates have an impact on every AFH. We are hoping you will join us in these efforts.

Additional Ways We are Working for You

#### **Demand Fair Pay**

- The only way that rates change is through bargaining RCW 41.56
- Under the law, the AFH Council is the exclusive representative of adult family home providers
- · Fight inflation

#### **Workforce Development**

- Fund more workers through training (time and tuition)
- Build, recruit, and train caregivers
- Create career ladders for caregivers

### **Hold DSHS Accountable**

- Our contract negotiations require more transparency
- Improved working conditions
- Timely and accurate assessments

#### **Expand Our Market**

- Invest in public awareness of the adult family home option
- Improve and develop our "Find a Home" page
- Increase awareness of our individualized compassionate care setting

# **EDUCATION**

Our educational programs are focused on the needs of providers.
We customize our offerings to provide adult family home-specific trainings. Our courses cover a wide range of topics relevant to running a small business and providing quality care.



2021 Fall Conference



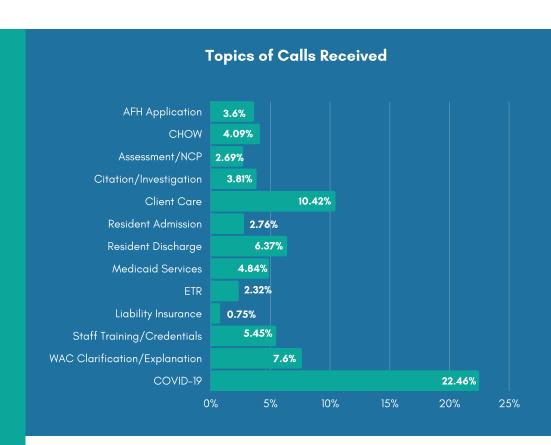
Online Campus



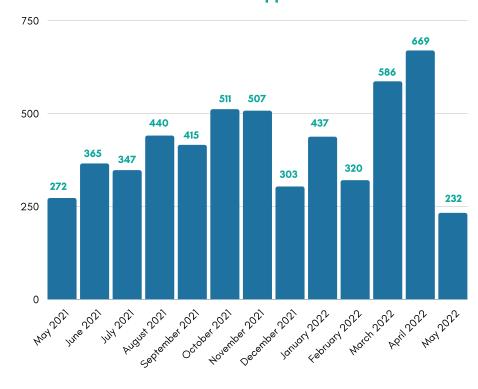
# SUPPORT

# **Topics of support:**

Resident admissions Resident transfers and discharges WAC/RCW clarification Medicaid questions Background checks TB testing Admission agreements AFH policies Resident rights Resident care Training requirements Multiple home ownership Current Dear Provider Letters AFH License applications Changes of ownership Inspection readiness Buying or selling an AFH Medicaid questions Resident assessments Regulatory assistance Negotiated Care Plan Informal Dispute Resolutions (IDRs) Plans of correction **APS** investigations Licensing visits Medication systems Nurse Delegation L&I questions COVID-19 resources and updates







# MARKETING

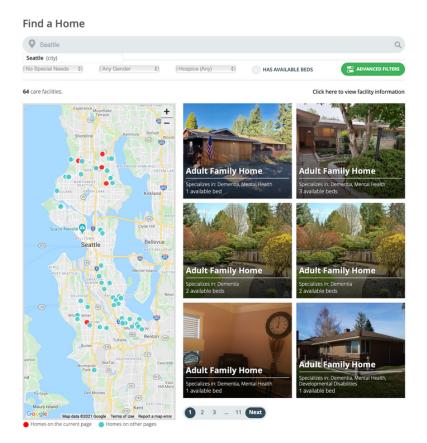
# **Public Awareness Campaign**

The Ault Family Home Council is developing a public awareness campaign to help the general public understand the adult family home option. We know that adult family homes offer a far more intimate and individualized setting for care. We are excited to help more people recognize this as a preferred method of receiving care for themselves or a loved one. Our public awareness campaign should launch in Fall of 2022. Currently, work is underway to make improvements to our "Find a Home" page on our website to create a user experience that helps connect our members with their next resident.

#### Our "Find a Home" AFH Locator

Benefits of our AFH locator:

- Increases your chances of getting private pay clients by uploading attractive photos of your home and writing a short description explaining what makes your home special
- Receive notifications when a referral has been sent to you, instead of spending time on the phone and receiving 20+ page assessments through faxes from social workers
- Review and respond to referrals by simply logging in
- Exclusive access to your profile through your AFH Council portal



#### "Find a Home" AFH Locator Profiles Feature:

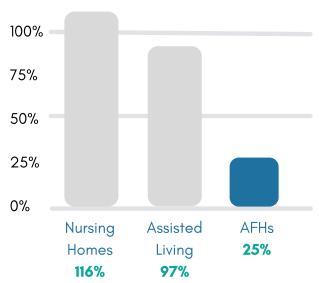
- Beds available
- Services offered
- Activities offered
- Home features
- Price range
- Specialty licenses
- Touring hours
- Contact information

# HIGHLIGHTS

# Number of AFHs in WA 4,000 3,000 2,000 1,000 May 2020 May 2021 May 2022 3,181 3,480 3,747

Net Gain 566 homes - 17.8% growth rate over two-year period

# Cumulative Percent of Facilities that Experienced a COVID-19 Outbreak by Setting March 2020 - March 2022



# **Kind Words from Our Members**

"You have always been so kind, full of support and help me find just what I need."

"You have no idea how much it means to be able to call you, even if it's just so we can vent to you and know you listen to us without judgement. Just having someone to talk to who gets it and what we do is so important, and to be able to have someone explain the rules to us when we aren't sure and don't have time to read them ourselves and figure them out. It means the world - I can't even tell you- to know you are out there and ready to listen. Thank god you all exist."

# The Adult Family Home Council Team

# **John Ficker**

Executive Director john@adultfamilyhomecouncil.org

### **Karen Cordero**

Director of Education & Support kareneadultfamilyhomecouncil.org

## **Molly Noble**

Education & Support Specialist molly@adultfamilyhomecouncil.org

#### **Brenna Botsford**

Education & Support Specialist brenna@adultfamilyhomecouncil.org

#### **Doris Elkins**

Membership Coordinator doriseadultfamilyhomecouncil.org



The Long-Term Care Foundation is a 501(c)(3) organization committed to improving and developing access to high-quality, long-term care services through:







public awareness

community connections

a well-supported long-term care workforce

The Long-Term Care Foundation is also the organization created by the Adult Family Home Council to develop and manage the Adult Family Home Training Network to provide training, workforce development and other services to adult family home operators and staff. Funding for the training network comes from a portion of the training benefit negotiated in the collective bargaining agreement between the Adult Family Home Council and the State of Washington. Funding began in 2020 and will be ongoing to support the maintenance and enhancement of the network.

We strengthen workforce development in adult family homes by providing ongoing human resources education, guidance, and support, as well as assistance in recruiting and training additional caregivers. We offer a series of webinars on HR Best Practices as well as specialized training on the use of the ProviderOne payment system. We provide guidance, tools, and templates on a variety of HR topics, from recruitment, hiring, and training to performance management, discipline, and termination. We have created an **Employee Handbook** for adult family homes to use as a template and plan to develop a video library of our webinars and presentations that will be available upon demand. Many of these materials, including the Employee Handbook, may be found in the Resources section of our website at www.longtermcarefoundationwa.org/resources.

Through our pilot program, we provide funding to pay for the training required for sponsored individuals working in eligible adult family homes to become certified as Home Care Aides (HCAs) or Certified Nursing Assistants (CNAs). We also reimburse their adult family homes for the time it takes for these employees to complete the training and certification process. Also, we will provide **funding** to pay for the **training** for sponsored individuals working in eligible adult family homes who wish to enhance their skills and further develop their careers by completing an approved HCA/CNA Bridge Program, Adult Education, or AFH Administrator Training. For more information and to apply for admission to the pilot program, please visit www.longtermcarefoundationwa.org/pilotprogram.

Our Workforce Development Team: Shereice Brown (Workforce Development Manager), Zenaida Almodovar (Workforce Development Specialist), and Cassheina Penfield (Recruiting Specialist), are continuing to develop human resource best practice materials for adult family homes and provide them with ongoing HR support. They also administer our pilot program and assist adult family homes in recruiting new caregivers. You can reach Shereice at shereiceeltcfwa.org, Zenaida at zenaidaeltcfwa.org, and Cassheina at cassheinaeltcfwa.org.









# **Membership Information Form**

AFH I	Name:							
Name	Name of Licensee:			DSHS License #:				
AFH /	Address:							
City:	City:			Zip:				
Maili	ng Address:							
City:					Zip:			
Phon	e:	Fax:		Cell:				
Emai	l Address:							
Webs	ite:							
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	I would like to use the automatic bank draft payment plan at \$50 per month per license (Please enclose a voided check)							
Authorizatio	on of Monthly Bank Draft							
enclosed che withdrawal. I error. I agree extent permi including cla incorrect info	eck. Funds need to be availed in the event of an error, I au the to indemnify and hold Adu tted by law), damage or cla tims of any joint account-ho permation provided by me. By	able at the designated bank thorize Adult Family Home C It Family Home Council harn	on the eve council to to less from a Home Coun in failing to the inform	ning prior to take any and all costs, included in the costs of the cos	efusing payment of the item, ocess an item as a result of rovided on this ACH Debit			
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Print Na	me:	Signatu	·e:		Date:			

Complete this form and fax it to us to start your membership today!



# 3309 Capitol Blvd SW STE 1 Tumwater, WA 98501-3305

# **Adult Family Home Council's Affiliate Business Partners**

The Adult Family Home Council's Affiliate Business Partner program offers businesses who share in the Council's mission an opportunity to support adult family homes. Through participation in educational events, advocacy efforts and direct support to providers, these businesses invest their time, money and talents back into adult family homes. Thank you affiliate business partners!

A Better Type of Homecare A.E.P., PLLC

Adult Family Home Connection

Adult Family Home Solutions

Adult Family Homes NW Real Estate

AFH Management

Alliant Americas

Angie Holmstrom Homes PLLC

Anita L. Redline, Attorney at Law, PLLC

Assured Home Health & Hospice

AXIS Pharmacy Northwest

Baseline Delegation LLC

Beautiful Homes for Sale

BHS Pharmacy

Carewatchers

**CESCO** Medical

Chefs for Seniors

Cornerstone Healthcare Training Company, LLC

Costless Senior Services

Crown Health, Traveling Doctors

Daniela Micu

Dispatch Health

Elder Village Partners

Empowering People, Inc

English Insurance Group

Envision Home Health of Washington

**Everlasting Smiles 4U** 

Felton Health Care Specialists

FidaLab

Fortiphi Insurance, LLC

Gabbert Architects Planners

Golden Sherpa Inc.

Home Visit Services LLC

Hope Nursing Institute LLC

Horizon Marketing Group, Inc.

Hospice of Spokane

In It Together RN

John L Scott Real Estate

Joining Hands LLC

Kelley-Ross LTC

Kerning Billing Services LLC

Kindred at Home - Home Health & Hospice

Law Office of Rachel A Brooks

LegalShield

Lighthouse AFH Consulting

Lincoln Pharmacy LLC

Managed Healthcare Pharmacy

Matrx Pharmacy

MD Medical

Medicare Specialist - Billy Harrison

Mercury Pharmacy Services

Molina Healthcare

MyMedSupplies (Geneva Woods Company)

NAT-Healthcare Academy

**NESCO Realty Group** 

New York Life - Francis Franco

North Care Training

Novari Primary Care

Pacific NW Retirement Solutions Inc

Padgett Business Services

Personal Care & Assisted Living Insurance Center, LLC

Premier Nurse Delegation

Proactive Solutions LLC

Professional Medical Corp

Providence Home Health and Hospice Services of Snohomish County

Providence Senior and Community Services

Ready Meds Pharmacy

Rice Insurance

S & H Training Center Inc

Sixth Ave Pharmacy

Soundview Medical Supply

Super Mario's Kitchen LLC

Synkwise

The Federal Savings Bank

The Roley Agency

Visiting Angels

Visiting Physicians Association

Washington Adult Family Home Services

Washington Care Academy

Welcome Home Puget Sound

WFG Financial Group - Susan Valdez